

The Seven Sacraments of the Church:

The Sacraments of Initiation

1. Baptism
2. Confirmation
3. Eucharist

The Sacraments of Healing

4. Reconciliation
5. Anointing of the Sick

The Sacraments of Vocation

6. Matrimony
7. Holy Orders

A Good Definition of Confirmation:

Confirmation, one of the Sacraments of Initiation. Gives us the Holy Spirit in order to strengthen our union with Jesus Christ and His Church. It empowers us to live more deeply in our faith and bravely be a witness to the Gospel of Jesus Christ.

The Seven Gifts of the Holy Spirit

1. Wisdom – to value the things of God
2. Understanding – to grasp faith’s mysteries
3. Counsel - to make wise decisions
4. Fortitude – to strengthen your will
5. Knowledge – to enlighten your mind
6. Piety – to love & serve others
7. Fear of God – to respect God’s majesty

The Two Great Commandments:

1. You shall love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength.
2. You shall love your neighbor as yourself.

The Twelve Apostles:

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| 1. Peter | 7. John |
| 2. Bartholomew | 8. Jude |
| 3. Andrew | 9. Philip |
| 4. Matthew | 10. Simon |
| 5. James | 11. Thomas |
| 6. James the Less | 12. Judas |

The Four Marks of the Catholic Church:

- One
- Holy
- Catholic
- Apostolic

The Four Cardinal Virtues:

- Prudence •Justice
- Fortitude •Temperance

The Three Theological Virtues:

Faith, Hope, Love

The Ten Commandments:

- 1.I am the Lord your God: you shall not have strange gods before me.
- 2.You shall not take the name of the Lord, your God, in vain.
- 3.Remember to keep holy the Lord's day.
- 4.Honor your father and mother.
- 5.You shall not kill.
- 6.You shall not commit adultery.
- 7.You shall not steal.
- 8.You shall not bear false witness against your neighbor.
- 9.You shall not covet your neighbor's wife.
- 10.You shall not covet your neighbor's goods.

The Eight Beatitudes

1. Blessed are the poor in spirit, for the kingdom of heaven is theirs.
2. Blessed are they who mourn, for they will be comforted.
3. Blessed are the meek, for they will inherit the earth.
4. Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
5. Blessed are the merciful, for they will be shown mercy.
6. Blessed are the pure of heart, for they will see God.
7. Blessed are the peacemakers, for they will be called children of God. .
8. Blessed are those who are persecuted for the sake of righteousness, for the kingdom of heaven is theirs.

The Seven Capital Sins:

- 1.Greed
- 2.Anger
- 3.Envy
- 4.Lust
- 5.Pride
- 6.Sloth
- 7.Gluttony

The absolute minimum required of Catholics

Attend mass, observe the days of fasting and abstinence established, go to confession, receive the sacrament of the Eucharist each Sunday, help financially or physically provide for the church, observe the church's laws concerning marriage.

The Twelve Fruits of the Holy Spirit: Love, joy, peace, patience, kindness, goodness, generosity, humility, faithfulness, modesty, continence, chastity

The 14 Stations of the Cross:

1. Jesus is condemned to death.
2. Jesus takes up his cross.
3. Jesus falls the first time.
4. Jesus meets his mother.
5. Simon helps Jesus carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls the second time.
8. Jesus meets the women of Jerusalem
9. Jesus falls the third time.
10. Jesus is stripped of his garments
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.

Seasons of the Church's Liturgical Year:

Advent, Christmas Time, Ordinary Time Lent, Easter Triduum, Easter Time, Ordinary Time

The Church's Holy Days of Obligation:

- Solemnity of Mary, Mother of God (Jan. 1)
- Ascension (40 days after Easter)
- Assumption of Mary (August 15)
- All Saints Day (November 1)
- Immaculate Conception (December 8)
- Christmas (December 25)

The Holy Bible:

There are seventy-two books in the Holy Bible, 45 in the Old Testament (before Christ), and 27 in the New Testament (The life of Christ and the early Church).

The Most Holy Rosary of the Blessed Virgin Mary:

Joyful Mysteries (Mondays, Saturdays, and Sundays in Advent)

- ☐ The Annunciation (Lk 1 :30-3 3)
- ☐ The Visitation (Lk 1:50-53)
- ☐ The Birth of Our Lord (Lk 2:10-11)
- ☐ Presentation of Jesus in the Temple (Lk 2:29-32)
- ☐ The Finding of Jesus in the Temple (Lk 2:48-52)

Sorrowful Mysteries (Tuesdays, Fridays, and Sundays in Lent)

- ☐ The Agony of Jesus in the Garden (Mt 26:38-39)
- ☐ The Scouring at the Pillar (In 19:1)
- ☐ The Crowning of Thoms (Mk 15.16-\7)
- ☐ The Carrying of the Cross (Jn:19-17)
- ☐ The Crucifixion (In 19:28-3 0)

Luminous Mysteries (Thursdays)

- ☐ The Baptism of the Lord (Mk 1:9-11, Mt 3:13-17, Lk 3:21-22)
- ☐ The Wedding at Cana (In 2:1-12)
- ☐ The Proclamation of the Kingdom and Call to Repentance (Mk 1:14-ff*, Mt 4:12-ff*, Lk 4:14-ff*, Jn 2:13-ff*).
- ☐ The Transfiguration (Mk 8:2-8, Mt 17:1-8, Lk 9:28-36)
- ☐ The Last Supper and Institution of the Eucharist (Mk 14:22-25, Mt 26-29, Lk 22:15-20)

Glorious Mysteries (Wednesdays and Sundays)

- ☐ The Resurrection of Jesus (Mk 16:6-8)
- ☐ The Ascension of Jesus into heaven (Acts 1:10-11)
- ☐ The Descent of the Holy Spirit on the Apostles (Pentecost) (Acts 2:1-4) The Assumption of Mary into heaven
- ☐ The Crowning of Mary as queen of heaven

Parts of the Holy Sacrifice of the Mass:

Introductory	Liturgy of the Word	Liturgy of the Eucharist	Concluding Rite
<ul style="list-style-type: none"> •Entrance Song •Greeting •Penitential Rite •Gloria •Opening Prayer 	<ul style="list-style-type: none"> •First Reading •Responsorial Psalm •Second Reading •Gospel Acclamation •Gospel •Homily •Profession of Faith •General Intercessions 	<ul style="list-style-type: none"> •Preparation of the Altar and the Gifts •Prayer over the Gifts •Preface •Eucharistic Prayer •Memorial Acclamation / Great Amen •Communion Rite: •Prayer after Communion 	<ul style="list-style-type: none"> •Prayer •Blessing •Dismissal