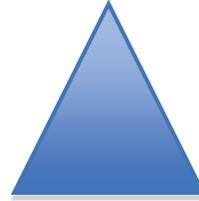
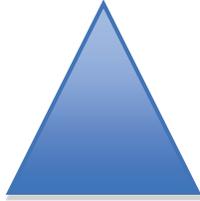
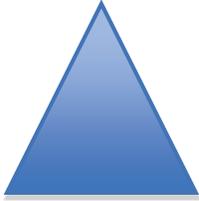


# Week 1: What we really believe!

Core teachings of the Catholic faith explained.

---

## Trinity, Grace, Incarnation



### GUIDE:

Trinitarian Thought: Relational Existence/ 3 Triangles

NICENE CREED: 325/381

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the only begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

GRACE:

A New Look at Grace by Bill Huebsch

INCARNATION:

Why would God do this?

LOVE AND CONNECTION:

Brene Brown, PhD. Daring Greatly

Shame, Fear, Vulnerable

Do you believe you are worthy of God's love and connection?

WEEK 1: Homework

Read Chapter 1, 2, 3 in The Mystery of Faith by Michael J. Himes

Notes/Questions/Comments:

---

---

---

---

---

---

---

---

---

---